



From the Shetland Islands Citizens Advice Bureau

Our Energy Advice Team is here and ready to assist. To help us provide advice as quickly as possible, please read the following to learn what you can do before contacting the service.



If possible please ensure you have the following ready to provide to our Energy Advice Team:

- A copy of your most recent Energy Bill
 - A note of who your Energy Supplier is
- A note of your current meter readings



We appreciate your help in doing this and will do our best to help you as soon as we can.

Our CAB office contact details are provided overleaf.





How to contact Shetland Islands Citizens Advice Bureau

-Phone: 01595 694696 (Available Mon - Fri 0930 - 1500)

-Email: sicab@shetland.org

-Through our website: www.shetlandcab.org.uk/

Please note:

- If you don't have means to contact us in the above ways, put a note of your name and contact details through our letterbox and we will call you back.
- -The CAB office is closed to drop-ins. Staff in the office are working on client cases and therefore are not currently available to give advice to people dropping by.
 - If your phone call is not answered right away, please leave a message as our answer machine is monitored regularly and someone will be back in touch as soon as possible.